

Quad bike safety

- Wear appropriate protective helmet
- Don't overload racks
- Check tyre pressures regularly
- Do NOT carry passengers of any age, unless the vehicle has specific seating
- Always plan your route for safe passage across fields, on lanes and tracks
- Always read and follow the owner's manual and seek appropriate training

Did you know?

- Most fatalities involving a quad bike are because of head injuries to the rider – wearing an appropriate helmet could have prevented most, if not all these deaths
- The long seat on the back of a quad bike is not for a passenger. It is to allow drivers to shift their body weight backwards and forwards for different slope conditions
- It is illegal to carry a child as a passenger on a quad bike
- Children under 13 years old are prohibited from using a quad bike at work. Those over 13 years should only ride one of appropriate size and power. They should always be given formal training on a low powered vehicle
- Basic safety checks should be carried out before the quad bike is used;
 these include tyre pressure.



Always be safe, not sorry

www.ynyroadsafety.co.uk